

## **Disability Awareness**

Overview: - This course is aimed at youth and outdoor workers who want an insight into working with disabled in the outdoors we aim to give the student the ability provide a program of outdoor activities without costing a fortune and utilising day to day equipment

The course can be run over 1 or 2 days depending on the depth of content

## Course content: -

Understanding disabilities limits and opportunities
Communication with disabled
Programmed planning
Utilisation of current equipment avialable to the group
This course could be provided along with a first aid course as a joint opportunity

Course duration: - 1-2- days

Instructor to student ration: - 4-12

Venue: - This course is aimed at organisations that have a base so we will come along and use your equipment and adapt it as required youth or outdoor center

Fees: - All fees are competitively priced and depend where the course is held and number of students (minimum number is one max 6 per instructor) and all course fees include the appropriate handbook and training pack please contact the center for a quote